



PShR

Performance Shagya-Arabian Registry



WineGlass Debonair and Chris Power with SA Te Jat and Marty Power

PShR Specialty & Specialty Plus Recognition Winners



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PShR Newsletter Participation:

All are welcome to submit material for PShR newsletters.

Please send articles, photographs, performance, farm and Shagya news to:

Lori Baker at shagyafarm@gmail.com

Newsletter Produced by Hallie Goetz
halliergot@aol.com

Cover Photograph: Recipients of the PShR Specialty and Specialty Plus recognition: WineGlass Debonair and Chris Power and SA Te Jat and Marty Power.

WineGlass Debonair received Specialty recognition in Distance Riding and has completed over 1500 miles in Distance Riding -- Competitive Trail, Limited Distance and Endurance. SA Te Jat received Specialty Plus recognition in both Distance Riding and in Endurance -- Pace and has completed 3,700 miles to date and has a pace score of 107.

"We were surprised to be awarded the wonderful butt rug for Debonair and the wool cooler for Te at the ride we manage, Endure for the Cure. Dr Rachel Boyce, also a Shagya owner, told the crowd about our breed and many people were interested to learn more. At least in the world of distance riding here in the Midwest, the word is getting out about the beauty, strength, and versatility of our wonderful breed. This picture was taken at our last ride, the Wildcat ride, held in Neillsville Wisconsin. We look forward to many more years of competition on these wonderful horses!"

PShR Board of Directors:

Lori Baker – President, WA
Eric Nelson - Vice President, MO
Holly Kemmis, WI
Kathy Johnson, WI
Linda Rudolphi, IL
Anke Brander, BC, Canada
Julie Jackson-Biegert, IL
Shelley Housh, CA

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Julie Jackson-Biegert, IL
Marty Power, IL

Newsletter
Lori Baker, WA
Eric Nelson, MO
Hallie Goetz, VT

PShR welcomes Volunteers and Committee Members.

For more information contact Lori Baker at shagyafarm@gmail.com or Eric Nelson at enelson@ucmo.edu



PShR

Performance Shagya-Arabian Registry

Dear Members and Friends

The summer is winding down fast and it has been so inspiring to hear about all the training and events that Shagyas have participated in. Keep posting your photos, videos and stories on Facebook, we want to continue hearing from everyone around the world. And remember, tell your Shagya friends to join our Facebook Page – it is fun!!

We also want to let you know that PShR is continuing to build a strong organization and we are working hard to bring more Shagya owners together. One Shagya lost to a registry is one too many. Every horse counts! We are still on track toward ISG membership and will continue pursuing this goal. PShR representatives had a fantastic time at the 2011 ISG meeting in Romania and we are all looking forward to the 2012 ISG meeting.

One of the ISG requirements that we were instructed to complete was to revise the PShR name to include Arabian. They feel this name revision would better represent the influence of Arabian bloodlines in our registry. So when you look at our logo, you will read PShR, Performance Shagya-Arabian Registry.



Another important factor to help us obtain ISG acceptance, is the need for us to increase our numbers of members and registered horses. By becoming a PShR member and registering your horses with us, you can help us support the expansion of the ISG umbrella throughout the US and Canada. All Shagya owners should have the opportunity to be on equal ground, have their horses ISG inspected and seek Performance Ratings. Our goal is to get more Shagyas registered, inspected and recognized for performance. We need your support to help this happen. As an incentive, we are offering two free registration transfers from any ISG recognized registry for all new or renewed memberships in 2011 and 2012.

An individual can belong to as many Shagya-Arabian organizations as they wish, but to meet ISG standards, they must declare one specific organization as their primary representative. We are hoping that you will declare your horses with PShR. As a thank you for those who register their horses and declare PShR as their primary representative during 2012 and 2013, we will give you a free one-year membership. To find out more on how to receive a free one-year membership, contact any PShR BOD member. A big thanks in advance to all those who decide to join PShR!!!! A membership form is included at the back of the newsletter.

Enjoy this lovely newsletter!!! And remember, we respect your dedication to your Shagyas and look forward to a bright future.

Lori Baker, PShR President



Matea and Nemo getting ready for a ride.

Shagya Arabian

by Lori Baker

A fork in the road
Choices to be made
A great breed of horse
Needs to be praised

Two hundred years of breeding
A regiment tried and true
Athletic and dependable
An old soul, is next to you

Strong, powerful and beautiful
His endurance is undeniable
He will carry you miles and miles
This horse is beyond reliable

A friend, a partner, through time
Experiences to share
Confidence is there to gain
Spiritual growth is forever there

A commitment is made
Preservation and trust
Truth and sharing
Your survival, a must!



Congratulations!



To the Performance Shagya-Arabian Registry Specialty And Specialty Plus Recipients 2011

**PShR Specialty Plus – Endurance
Pace – 112 points**



Genie Stewart-Spears Photo

Halsteads Firesky - 2001 Arabian
Gelding
Sire Line: Mirage, 1919 Arabian
Dam Line: *Nedjme, 1887 Arabian
Ridden & Owned by
Doug & Julie Jackson-Biegert

**PShR Specialty Plus – Endurance
Pace – 107 points
AND**

**PShR Specialty Plus – Distance
Riding – 3,000 miles**



SA Te Jat – 1998 Shagya Gelding
Sire Line: O'Bajan or.ar. -1881
Dam Line: Abiannat (ox) – 1865
Owned by Chris & Marty Power,
Ridden by Marty Power

**PShR Specialty Plus – Distance
Riding – 2,000 miles
AND**

**PShR Specialty Plus – Endurance
Pace – 103 points**



Piatti +/- - 1996 Shagya Mare
Sire Line: Shagya or.ar. 1830
Dam Line: *Nedjme, 1887 Arabian
Ridden & Owned by Rebecca
McCarty

**PShR Specialty Plus –
Endurance Pace – 80.46 pts.**



SHF Sunday Streaker – 2004 Arabian Gelding
Sire Line: Saklawi I, 1886 Arabian
Dam Line: Yamama, 1845 Arabian
Ridden & Owned by
Doug & Julie Jackson –Biegert

**PShR Specialty – Endurance Pace – 75.9 pts
AND**

PShR Specialty – Distance Riding – 1,000 miles



Max – 1999 Shagya Stallion
Sire Line: Gazlan or.ar. 1840
Dam Line: 215 Moldauerin, 1782
Owned & Ridden by Eric Nelson
Max has met PShR's Performance Criteria for Licensing in Book I



Congratulations!



To the Performance Shagya-Arabian Registry Specialty And Specialty Plus Recipients 2011

PShR Specialty – Distance Riding – 1,000 miles

WineGlass Debonair – 2003 Shagya



Gelding
Sire Line: Shagya db – 1830
Dam Line: Rodania db – 1869
Owned by Chris & Marty Power,
Ridden by Chris Power

PShR Specialty – Distance Riding – 885 miles

WineGlass Rouge – 1993 Shagya Mare



Sire Line: Shagya db – 1830
Dam Line: Selma I db, 1865
Owned & Ridden by Eric Nelson

PShR Specialty – Distance Riding – 1,000 miles



WineGlass Lambrusco – 1994 Shagya
Gelding
Sire Line: Shagya db - 1830
Dam Line: Dajania db 1876

PShR Performance Results

by Linda Rudolphi

The Performance Shagya Arabian Registry in the United States is the only registry in the country developed to align with the International Shagya-Araber Gesellschaft (ISG) General Studbook Regulation Framework (RZBO). The purpose of the PShR is to incorporate the RZBO standards in a format compatible with the extensive distance between Shagya owners in the USA.

The purpose of performance testing is to guide breeders in the continued development of a horse that is both attractive and functional.

Honoring the tradition and the history of the Shagya as a horse physically capable of being a historic warhorse along with its noted elegance and kind nature, the Performance Shagya Registry is committed to upholding the exemplary breeding theories that made the Shagya what it is today.

Performance testing is the modern-day equivalent of the in-the-field testing for military horses, carriage horses or light riding horses. It provides a great deal of information about the breed as a whole:

- ⇒ Allows for the external inspection for Shagya breed type and correctness
- ⇒ Provides proof of suitability to work
- ⇒ Gives breeders valuable information for the selection of breeding stock
- ⇒ Provides buyers with accurate information regarding performance abilities of the breed as a whole and on an individual basis
- ⇒ Secures a future for the Shagya breed as a versatile riding horse

2011 International Shagya Society Meeting in Romania

By Linda L. Rudolphi

Shelley Housh, Olivia Rudolphi DVM, and I attended the 2011 International Shagya annual meeting in Romania. There was a long chain of translation going from German, to Romanian, to English; all could be heard over the headphones, making hearing a bit tricky. The agenda included the regular business to review the minutes from 2010, approve the financial report and an update from President Ahmed Al Sammarraie on the Shagya community. For the 2011 meeting, 1561 breeding horses (votes) were documented along with 2 lifetime members for a total of 1563 votes. The total number of Shagya breeding horses worldwide was 1679. The ISG Board of Directors was re-elected and seated in its' entirety. Some points of discussion included a request to clarify the language of the delegate voting requirements. The USA had requested an exception to the number of delegates present versus the number of votes at a meeting due to the distance required to travel to the annual meeting. Kjell Jormfeldt from Sweden asked for this exception to be corrected in the minutes to include all countries and to make the requirements standard for all. It was also reported that some countries have regulations that prevent a



Jacob Pederson, Shelley Housh, Linda and Olivia Rudolphi, Christine Pederson (kneeling) near the jumping arena after the show at Radautz.

Shagya registry due to the fact their national policy does not recognize the Shagya as breed, but rather a blend. Sweden and Italy for example, face this difficulty and requested continued help from the ISG to provide support and information to their respective countries.

Rudy Meindl from Austria reported on the two Shagya mares exported to Australia. His suggestion was to include the resulting foals in the Austrian registry until Australia had a large enough population to form their own registry. Congratulations to our PShR Board member Shelley Housh, the first Shagya foal born in Australia was made possible by her stallion, Sterling Silver.

NASS provided a position paper. This paper was read aloud by a new NASS member to the delegates. The position paper talked about the past but did not outline any plans to unite the North American Shagya community in the future.

Bruno Furrer, secretary to the ISG Board of Directors, gave a report on the applications from the ASAV and the PShR for membership in the ISG. In 2010,

the PShR delivered two large three-inch notebooks documenting the horses registered with the PShR in addition to the PShR bylaws and breeding guidelines. Throughout the year the PShR has stayed in communication with the ISG with updates. At the 2010 ISG meeting President Al Sammarraie mentioned the need of an inventory to determine the number of horses registered per American association. The PShR offered to help facilitate this inventory count; however, the ISG stated the American ISG registry should lead this project. In March of 2011, the PShR formulated a graph to the best of our ability with the limited information shared between registries. The result showed the American ISG registry had approximately 50% of the Shagya horses with the remainder split between the ASAV and PShR. PShR showed the most recent growth with young horses while the other registries consisted of older horses, many not involved in breeding.

This information supplied by the PShR has raised more questions and the need for further clarification by the ISG. At this time, the PShR is waiting for a translation of Herr Furrer's report for the detailed requested information. Basically, the ISG wants a copy of the original registry certificates (ISG approved registry in



Shagya LXII (Shagya LXI x 219 Koheilan XXIX-11)—Recipient of Overall Show Champion and High Point Stallion awards for the day. Shown by Ionel Morosan of Radautz. Ahmed Al Sammarraie President of the ISG, is presenting the award.



The stallion Hadban XXXVII stud at Rad (Hadban XXXV x 383 Shagya LVII-3) currently stands at Radautz with 98 foals.

the USA) and all registration numbers assigned to each horse to correctly document the placement of Shagya horses in the USA. One might think of this similar to the documentation and change of name and number similar to the horses in Europe going from one state stud to another. Initially the ISG requested the original registration papers to be sent to the ISG. After the meeting I had the opportunity to discuss this with the ISG to point out the American registration system is different from the passport system used in Europe. The American registration certificate is the title or legal proof of ownership of a horse and these certificates should not leave the possession of the owner, never mind the concept of sending them to Europe. It was agreed a copy of the registration certifi-

cate notarized by a Notary Public would be sufficient. While the PShR is disappointed in the delay in the short term, we are excited an accounting will finally be initiated to clarify the USA Shagya community. When the leaders of the ISG asked after the annual meeting if the members of the PShR would be able to provide the additional information and put in the additional work my response was, "the paperwork is easy, the hard part has been the years and years of horses and owners who fade away due to dissatisfaction. Without the PShR in the US to pull everyone together and invite all to participate, several breeders



454 Koheilan XL-4 (Koheilan XL x 389 HadbanXXVII-38). In foal to Hadban XXXVII .



The foal Shagya LXII-55 (Shagya LXII x 457 Hadban XXXVII-3) shown at Radauti.

will take their horses to other registries as appendix horses, taking Shagya horses out of the already limited gene pool." The Performance Shagya Registry is dedicated to providing facts and documented statistics to help provide accurate information to clarify the American situation. Herr Furrer is working hard to translate his report. Once we receive the translation, we will update the membership and get the process started. Meanwhile, the PShR horses and owners have plenty of work to do to meet performance requirements, practice their free jumping, and preparing for the

"interior test". President Al Samurai and others were very complimentary of our performance testing requirements and impressed with the tri-fold provided of our first PShR Specialty and Specialty Plus horses. As pointed out by the ISG president, this is the future direction and focus of the ISG. The 2012 meeting will be in France. J'adore le Francais!

Everyone is encouraged to take the opportunity to attend the annual ISG meeting, the friends made and horses presented are overwhelming. Conversations over a good meal and lovely wine or robust beer with Shagya owners from around the world builds strong support for the Shagya horses we all know and love.



The stallion El Sbaa XV-11 (El Sbaa XV x 415 Shagya LVI-30).competed as a member of the Romanian National Jumping Team.



428 Shagya LXII-3 (Shagya LXII x 393 Hadban XXVII-48). This maiden mare was due to foal in one month at the time of the show, but was still awarded High Point Mare because of her exceptional movement and Type .

Photos From Radauti and the ISG Meeting

Courtesy of Linda Rudolphi



Sign over the front door entrance to the Radautz State Stud of Romania.



A sold out crowd awaiting the start of the exhibition.



The gorgeous and aged mare and stallion barns at the rural farm of Radautz.



ISG members observing and inspecting the mares and foals of 2011 at Radautz .

Conditioning for Limited Distance Rides:

By Julie Jackson-Biegert

In order to get a horse ready for distance riding, you need to start with a sound horse with good legs and feet. To compete in a Limited distance ride, which is usually 25-35 miles, a horse must be at least 48 months old. Although technically Limited Distance is not considered Endurance (Endurance rides are at least 50 miles long) it is a great place to start both for you and your horse. An LD (Limited Distance) ride will give you the chance to find out if distance riding is something both you and your horse enjoy.

Assuming your horse has been under saddle at least 90 days, you can begin training for your first ride any time. Although dedicated distance riders typically use endurance type tack, it is not necessary to make any changes as long as you and your horse are comfortable with your current tack.

It is important that your horse is accustomed to working in a variety of footing because what you encounter on the trail can vary greatly. If your horse has been primarily ridden in an arena, begin with walking and trotting on various surfaces. Try to maintain a consistent pace. Early on I like to do intervals – 5 minutes trotting then 3 minutes walking for an hour. Gradually increase the trotting time to 10 minutes with 3 minutes walking. Continue this 4-5 times per week until your horse is trotting at least 45 minutes out of an hour without becoming excessively heated or blowing. Depending on the horse and weather conditions, this should take 3-6 weeks. To determine how comfortable the horse is with the pace, you should ride with a heart rate monitor at all times. This will tell you first, how well your horse is handling the cardiac demand and how quickly he is recovering at the walk. The normal resting heart for a horse is 30-42 bpm. Usually the fitter the horse, the lower the resting heart rate. The same is true for working heart rates. A very fit horse may have a heart rate of 95bpm at 10 MPH

where an unfit horse may be as high as 130bpm. Ideally, when competing, I like to keep the heart rate below 120. However, in more advanced training, increasing the heart rate to over 120bpm will build cardiac capacity.

Why is this important? To complete an LD your horse must recover to a rate of 60bpm within 30 minutes of crossing the finish line. Therefore having the ability to monitor your horse's heart rate throughout the ride is a tremendous advantage. Getting to know how your horse is handling different paces and how quickly her heart is recovering gives you invaluable information regarding the fitness of your horse. If you cannot afford a heart monitor, you can purchase a stethoscope and learn to find your horse's heartbeat, then count for 15 seconds, and multiply by 4. The disadvantage to this is that you have to dismount to check it. However, this is much better than not knowing at all.

Ideally you will also have a GPS to monitor your speed, but this can also been done in other ways. A good starting pace is an average of 6.5 to 7.5 mph over 25 miles. Keep in mind, you will have to stop at times and in some cases cannot go faster than a walk, so your horse must be moving at 8-9mph much of the time to average 7.5mph. If you don't have a GPS, you can measure the mileage of your ride area either with a car or utilize marked equestrian trails. Don't guess! Until you are experienced with distance riding you will likely over estimate how far/fast you are going. The only way to know this for sure is to know how far you have gone and how long it took you. When you can successfully ride 7.5 miles in an hour with your horse's heart rate recovering to 64 (beats per minute or bpm) in less than 5 minutes, you are ready to move on to tougher conditioning.

Continue to increase the distance you ride working up to at least 25-30 miles a week. Don't let the mileage scare you – at 7MPH that is less than 5 hours a week. By now you will have started to build a base and are ready for longer conditioning rides. Continue riding during the week, but add a



Doug and Tango conditioning for limited distance riding.

10-15 mile ride on the weekend. Interperse trotting and cantering with walking but make sure you get the miles in. During these rides, take time to let your horse eat. If he will not eat, just stop and let him stand for a couple of minutes. The ability and willingness to eat on the trail is crucial at the longer distances, so train for it early. Once you have successfully ridden a 15 mile conditioning ride at an average pace of 6.5MPH your horse should be ready for his or her first 25 mile ride. It is important to not get caught up with riders going faster than you. Plan your pace before the ride and ride to your plan. You may need to adjust for weather and trail conditions but just because your horse is raring to go, do not suddenly decide it's okay to move out at 15mph. Most horses will be excited at the beginning of a ride – you may want to let the majority of the riders go out before you start. Ride the same pace or slower than your conditioning rides. As your horse's fitness level increases you can gradually increase the pace. But take your time – a couple of years of long, slow distance will pay off with a sound, sane horse and one that will be able, over time, to go longer and faster. There are several regional organizations that offer mentors and more detailed information. Go to the American Endurance Ride Conference at www.aerc.org for suggestions). Good luck and have fun!

Ride Day

By Julie Jackson-Biegert

Limited distance rides usually consist of two loops. Mileage per loop will vary depending on the location of the ride. In most cases the first loop will finish in camp. Upon completing the first loop the horse's pulse must meet a predetermined rate (depending on weather conditions, usually around 64 bpm) before the rider's clock stops. After the pulse rate is met, the rider presents the horse to the vet for an exam that includes a metabolic check (hydration, gut sounds, muscle tone, etc.) as well as a lameness exam. A horse failing any of the parameters is not allowed to continue.

Most riders will pre-stage supplies for their horse in the "crew" area. This location will be identified by the ride manager. You are allowed to bring your horse to your crew area before taking his pulse if needed. During warm weather many riders use cool water to help bring the horses heart rate down. If it is cold, put a cooler or blanket on the horses hind quarter to keep the large muscles warm and to prevent cramping. Tack should be removed – especially if it is warm. IF you don't have a halter/bridle combination, remove the bridle and put a halter on so your horse can eat and drink comfortably. Once the horses

heart rate has reached to parameter, you can then take them to the pulse box to get an official pulse (this is when your clock stops and your official "hold time" starts). After passing the vet exam, take your horse back to your crew area and offer her food and water. Different rider's feed different foods – bring feed that your horse eats at home – this is not the time to try a new feed. Because horses may lose a tremendous amount of water and electrolytes thru sweating, it is usually necessary to provide additional electrolytes so support the horses' natural metabolism. Electrolyte management is an in-depth topic that cannot be addressed here – talk to a mentor or visit the AERC web site for help on this topic.

About 10 minutes before the completion of your hold time, you should have your horse tacked up and be walking him to warm him back up. About 5 minutes before your time is up, mount up and go to the timer and wait for the okay to go. You are now on the second (and last) loop of the ride. Ride it the same way you did the first but remember, the winner is not the horse that crosses the finish line first, but the horse whose pulse drops to 60bpm first after crossing the finish line. This is where your conditioning and sound ride strategy will pay off. Ideally your horse will be close to 60bpm when you come in. Once you have gotten an official pulse time, you then present your horse to the vet for a final exam. Your horse must be "fit to continue", meaning that if there was another loop to ride, the horse has enough energy and is sound enough to go on. Once you have passed this you are finished and you will know your placing. Take your horse back to your trailer and begin the process of cooling him out, sponging off dirt and



Veterinarian performing a pulse check at a hold.

mud and generally taking care of the partner that took you thru your first Distance competition. With any luck you and your horse will have enjoyed the ride and you begin planning for your next ride. Happy Trails!

Checklist for your first ride

- ⇒ Riding Helmet
- ⇒ Heart monitor or stethoscope (www.distancedepot.com)
- ⇒ Wrist watch (preferably digital)
- ⇒ GPS (may have a heart rate monitor integrated) to track speed, distance and elevation
- ⇒ Electrolytes
- ⇒ Sponges
- ⇒ Several buckets
- ⇒ Curry comb or scrubby
- ⇒ Feed tubs
- ⇒ Hay
- ⇒ Horses regular feed
- ⇒ Apples and/or carrots
- ⇒ Your horses' favorite treats
- ⇒ Horse Cooler (fleece or wool)
- ⇒ Halter and lead rope

Important Tip!

Teach your horse to trot out in hand before you ever go to a ride. Your horse should trot briskly and straight with you at his shoulder on command. This is how veterinarians determine soundness and if you have to pull and tug to get your horse to trot, the veterinarian will not be able to assess soundness.



Riders cooling off their horses while crossing a stream at a ride.



Left: Buck Brannaman riding Reveille SF. Above: Reveille SF Dr. Renetta Hatcher, sharing a quiet moment at the clinic.

BUCK

By Shelley Housh

The agreement when I sold Silver Nike SH was that we would take her to the Buck Brannaman colt starting clinic near my house in CA before she went to her new home in TN.

Who was Buck? I had not heard of him. His website did not tell me much. He was one of the many natural horsemen out there. My friend had been trying to get me to go to one of his clinics for 2 yrs, but I am a breeder, not much into training except for foal handling.

Renetta had been talked into going with Reveille SF so we all headed out to Riverside CA - 2 horses in tow and Nike's new owners. He was a quiet man, but impressive. His riding horse was very impressive. As he worked his horse prior to the clinic I was amazed. His riding was equal to any of the top dressage riders in the world, so subtle, yet his horse was so responsive.

The mornings of the 4 day clinic

were filled with the colt starting class. After lunch break, we stayed to audit the horsemanship class, although the people in the colt class had hours of homework they worked on. Buck worked the colts from both the ground and off his horse, getting them to give and accept his leadership.

At one point on day 2 the colts were let free in the large arena with their saddles on. This huge, newly formed herd ran around and it was interesting to watch Reveille protecting his little sis Nike from "the big bad mule". By day 3 Nike was being ridden. Reveille had not had a good start with 2 previous trainers, so he got special attention from one of Buck's men. He too was under saddle by day 3, although not yet ridden by Renetta.

One of the highlights of the horsemanship class was watching 2 horses mirror each others movements. One was the "horse", the other the "cow". The horse had to mirror what the cow was doing. Great for teach

ing stops, turns, etc.

Day after day I had questions for Buck. He patiently answered them all. I bought his dvd and am now starting one of my mares using his methods. I have spent time with other trainers. They all have the same goals, they just get there using slightly different methods. I have learned to pick and choose what works best for me and my horses. I am looking forward to seeing his movie "Buck". He has a very interesting life story. I plan to continue going to his clinics. I recommend going to one near you.

A friend of Buck lives near us in CA. We are continuing our education by doing monthly training clinics with him at Renetta's house. Very educational. We haul out horses there for the day and he works with each of them in the morning, then we work them in the afternoon. Due to the EHV-1 outbreak we had to cancel our June clinic, but in the meantime I am working at the ranch on my own.

From the cornfields of Illinois to the cornfields of Eastern Europe...

By: Olivia Rudolphi, DVM

Photos by L. Rudolphi



Shelley Housh, Linda Rudolphi, Svetlo Kastchiev, and Olivia Rudolphi Round Golden Church, Veliki Preslav .

Romania and Bulgaria: 2 primitive, yet flourishing countries in the midst of rebuilding and adopting democratic society as they phase out of a communist way of life. The 2011 ISG meeting allowed me to witness first hand the traditions, history, culture and agricultural methods of both of these countries. Amazingly, after hearing of all the turmoil and disrupt that has occurred over the past few centuries, one state stud in each country has survived, each preserving historic bloodlines and consistently producing top Shagya horses that have proven to be successful in competition and in wartime.

In July, my mom, Linda, and I headed across the big pond the day after celebrating our country's birthday, with Bucharest as our final destination. After a pretty uneventful flight, the adventure began! This was my first ISG meeting to attend—it was all I

had expected and more! It's hard to believe that a breed of horse can bring so many people from so many different countries around the world together in unity for a few days each year. Although we were able to see many different cultural and historical sites, eat some of the most delicious food, and experience the traditional lifestyle of both the Romanians and the Bulgarians, the primary focus of the trip was: the horse. So horses we saw!!! Maybe not everyone's ideal vacation, but I can't think of a better way to spend 8 days of time off of work. I could go on and on about all the sites that we saw, but for saving a tree's sake, I thought I would primarily share with you my experience of visiting of the two state studs that we visited: Radauti in Romania and Kabiuk in Bulgaria.

Once we arrived in Bucharest, our "adventure" began immediately once we stepped off the plane and met up with Dr. Walter Huber at the airport—coincidence? First mission: find our hotel, which is usually not a big deal, unless you are in a city where lines on the road are basically there for color and driving the roads make L.A.



Arcul de Triumf in Bucharest, it was built to honor the heroes of the War of Independence and WWI



Dr. Walter Huber and the young stallion Shaman sired by Shagan by Shagal.

seem like a walk in the park. Little did we know not all taxi drivers in the city are "official" drivers. Needless to say, we received a "complementary" scenic tour of the construction sites within Bucharest by our so-called "taxi driver." Our hotel was lovely and better yet, we were able to connect with our endurance friends from Denmark, Christine and Jacob Pederson. [Short side note: we met the 2 Dane's at the test endurance ride for the WEG a few years ago—united by their "Team Shagya" jackets they adorned. Little did we know they would become great friends and supporters of PShR!] That evening Dr. Schally and his young son, Anthony, met us for dinner and then had one of his good friends take us on a nightlife tour of the beautiful city. Dr. Schally is the owner of the Shagya stallions Amar and Amir; both of whom exhibited their amazing athleticism at the meeting this year. The next morning we toured an outdoor museum consisting of actual houses that were moved from each region of Romania

to show the differences and similarities in the culture each region offered. But enough site-seeing—off to the meeting we went. As if 13 hours on a plane wasn't enough travel, we boarded a bus for another 8 hours to Radautz, with the highlight being during dinner in an open patio where we were 'serenaded' by a trio singing "New York, New York" in Romanian! We arrived late at night, still managing to stay up a few more hours to reminisce with old friends and meet new friends. Personally, I was finally able to put a face to so many names of great breeders and riders that have helped this organization grow. I felt privileged to be able to listen to each person's theory of training or preference of type, proving that we are all different in what we prefer but yet are still working towards producing the same type of horse in the end. In Romania, the organizers of the meeting arranged for our viewing of the Radautz State Stud. Daniela Stanica, who is the head manager and coordinator of breeding at the farm and also an endurance rider and avid horsewoman herself, saw to it that we

were given the best hospitality and exposed to all horses at the farm. The first day we were taken through the stallion barn and the barn with the yearlings, followed by a free-jumping demonstration by 4 of their stallions. Although all stallions were of different ages, sizes and breeding, each one possessed the athleticism to clear all the jumps with ease and then come to our crowd of viewers to give a snort and pose for pictures; that typical Shagya "Look at me" attitude. Daniela then arranged



Shelly is posing for "Warmblood's Today" magazine in front Kabiuk.



Bogdan the 2nd", father of Stephen the Great and Ruler of Moldavia from 1449-1451

for us to go out to the other portion of the farm, located about 15 miles from our first stop. Here is where the mares, youngsters and sale horses were located. The barns were amazing with such history permeating out of them and, in true European style, each horse had their separate tie on the barn wall allowing the middle of the barn to be kept open. At least 30 mare and foal pairs were out together, all roaming in coherence and peacefulness over the green pastures. Some mares carried more of the look of the Hungarian Horse, while others had more of a fine, feminine profile. I'm not sure about others, but seeing them all next to each other really helped dis-

tinguish the different stallion and mare lines that were being used within the program. The following day, we were treated to an exhibition show at the farm. The stands were packed and horses were excited. First to the show were the stallions and then the mares. After each individual was shown, a panel of 3 judges did a "mini-critique inspection" on them to demonstrate how a typical inspection would be carried out. The top 3 in each class were awarded a beautiful ribbon and silver cup. A wide range of stallions were shown, but the old guys managed to act just as spry and animated as the younger ones. The mares followed, most with a foal by their side and a few yet to foal at any time. Top stallion award went to Shagya LXII (Shagya LVI x 219 Koheilan XXIX-11) and top mare award went to 428 Shagya LXII-3 (Shagya LXII x 393 Hadban XXVII-48). The show concluded with demonstrations in dressage by a trainer at Radautz on a Romanian Sporthorse and by the Shagya stallion Amar (owned by Dr. Schally of Bucharest), jumping by a Radautz stallion and Dr. Schally's young stallion Amir, pair driving by 2 of the 3 top breeding mares, and best of all,

little Anthony showing off his riding skills on his horse. By the way, Anthony is the 8-year-old son of Dr. Schally whom we met in our first night in Bucharest. His horse is a 4-year-old Shagya stallion—talk about well-behaved and trained.

As if giving a private tour of the stud farm and organizing a special show for the ISG group wasn't enough, the Romanian Shagya Association gave each of us a copy of their studbook (hardback and very large), hand carved pottery, a polo shirt and a few other Shagya reference books! Wow! Were we ever thankful! The remainder of the stay was filled with great food, traditional Romanian dancing and music and a tour of a monastery (Note to self: when visiting a monastery, be sure to wear shorts that go below your knees—I was unaware of this and was given the privilege to adorn a lovely black cloak for the entire tour. Quite comical to say the least! And you may have a good laugh if you go to Facebook). Once the meeting was adjourned, Shelly Housh, my mom, myself and our Shagya ambassador/tour guide/



Horse and cart are still a common scene on Romanian and Bulgarian highways.

entertainment coordinator Dr. Walter Huber headed to Bulgaria. Imagine 3 American women and 1 German trying to make their way over the Bulgarian countryside, in search of Shagya horses. Quite the sight to say the least! We stayed in Shumen, a town about 5 miles from the Kabiuk State Stud, which was managed by Svetlo Kastchiev. Over the next 3 days, Svetlo was kind enough to take time to give us the

grand tour, including walking through the lots and discussing each mare and stallion that was used for breeding.

He also explained the pedigrees of the yearlings, 2 & 3 year olds. As Walter's personal secretary throughout this tour, I dutifully took notes on each horse as he clicked away at the camera—talk about a lot of pressure when your boss is Walter! The type of horses at Kabiuk were relatively similar to Radautz but possessed a variety of different characteristics, depending on the stallion that was used for breeding. Svetlo was also kind enough to share his thoughts about each horse, pointing out each one's strengths and weaknesses and explaining his criteria in determining which horse will stay to be incorporated into the breeding program. He has a keen eye for appreciating a young horse that is still growing and is not in a hurry to eliminate them at a young age, giving them a chance to grow into themselves and prove their natural athletic capabilities. Most horses were chosen by the age of 3, but Svetlo consistently kept an open mind with each horse and looked at each horse carefully in order to determine what needs improved or what they could offer to another line. This method to management has proven to be successful over the past 20 years that he has been at this stud farm.

Aside from managing the breeding, he is a successful FEI Dressage Rider, with most of his success being on his own Bulgarian Warmblood. One afternoon we were then allowed to take a few of the horses from the farm and head off across the countryside—the best way to see the land in my opinion.

Of course, no trip is complete without working a little veterinary talk worked into it...that's normal, right? Kabiuk has 4 veterinarians on staff and I was able to meet the one responsible for



A "Medieval Livestock Trailer." at Muzeul Satului, an open air museum containing over 300 items from the rural areas of Romania.

care of the horses. Her name was Dr. Venetta (Venetta is actually her first name but I could not translate her last name to English that is on her business card—my Bulgarian is a little rough). Over dinner on our final night in Shumen, at which Svetlo took us to enjoy a traditional Bulgarian seafood meal, we were able to compare and contrast equine practice in each country. It was so interesting to hear of how much of our schooling was similar, yet different in that they were more limited in hands-on experience and caseload volume. Also, they do not with as many as contagious diseases as we have to vaccinate for, but have others that we do not worry about in North America. Such a nice woman and I hope to talk her into attending our annual national meeting for equine vets in November this year!



Koheilan XXXVII-46 ('Amer') (Koheilan XXXVII x 712 Siglavly Bagdady IX-120). Owned by Dr. Schally of Bucharest. Photo ridden by his

European Vacation 2011

By Shelley Housh



Shelley Housh

My 2011 ISG meeting trip started out with a long flight from LA, through Calgary and Frankfurt before arriving in Budapest. In Budapest I met up with my Swedish friend and fellow Shagya breeder Kjell Jormfeldt. We had decided a few months prior to take a few days and tour Romania before attending the meeting. We climbed into our little Hungarian car and headed out through the Hungarian countryside to make it to Transylvania by nightfall. Kilometer after kilometer of sunflower fields zoomed by. Sighisoara, Romania was our goal. I booked us rooms at a “residence” inside the citadel, a 12th century World UNESCO Heritage site. Our hotel was from 1609 and all I could see when I saw my room was “wow!”. Cobblestone streets and brightly colored houses greeted us as we stepped outside our hotel early the next morning for a day of sightseeing. After a morning of walking around Sighisoara, we decided to drive around the local Saxon lands and see a few of the fortified Saxon churches. All the roads are small 2 lane roads and as we drove each village was similar – rows of houses lined either side of the road with one long fence in front,

attaching the homes together and providing a side yard to each house for their livestock. Elderly peasant women, heads wrapped in scarves sat out front and watched as the world went by. Horse carts filled with the days hay cuttings were everywhere. Cows, goats, and horses were tethered outside on the small swath of grass between the homes

and the road. As we meandered through the hills we came upon the town of Copsa Mica, a town with a sad history during the communist reign. It once held the record of having Europe’s highest infant mortality rate due to the metal plants in town that spewed toxic soot and 2/3 of the children who did survive had signs of mental illness. We did not stop there for coffee. We continued on to Sibiu, designated by EU as a “Capital of Culture” in 2007. I wish we had more time to see the town, but we walked to the center square and had an afternoon coffee. Then off to the Fa-



View of Brasov, Romania

garas mountains for what was described in my Lonely Planet guidebook as a “magnificent drive” – the Transfagarasan Road. We climbed up a twisting, narrow road, at times with the cliffs hanging over the road. As we stopped partway up for a chocolate break, the clouds hung low over the lush green valley and a small river rushed by, tumbling over the rocks into beautiful falls below us. We stopped near the top at Lac Baia, surrounded by large patches of snow, 2000m elevation and cold enough for me to wish I had a heavier jacket. After a brief walk around and a



Shelley Housh, Dr. Olivia Rudolphi and Dr. Walter Huber in the stables at Kabiuk.



A day's worth of hay.— local Romanian Village.

stop at the gypsy cheese stand, we were off, tearing down the mountain, with frequent stops as the sheep crossed the road (or just walked down the middle of it!). I could not make it from one hairpin turn to the next before the sheep ran down the slope in front of me, so it was slow going. We got back into Sighisoara late, so walked out of the Citadel to find a restaurant that was still open. A dinner of local food (pork stew and polenta), a good wine and dessert – I was ready for a hot bath and bed.

The next morning was a short drive to Brasova and Bran. Of course the best thing about driving is seeing the local “off the map” places. We spotted a large “ruin” on a hilltop, so we detoured to investigate. There was no road leading to it that we could see, so we parked and started walking in the general direction. We found ourselves on a steep, slick muddy trail, so bad that Kjell and I found ourselves holding onto branches and bushes to keep from sliding down into the mud. We made it only to find a crew of workmen in the process of restoring it. No sighs to tell what it was, but we could not go in. Instead we tried to go around and sneak in – no luck!, but we did get some great photos and it was a nice side trip. Later I “Googled” it - a fortress dating from 1324. Bran was our next stop to tour Bran Castle, built in 1382. Awesome castle, gorgeous views, a beautiful courtyard – very enjoyable visit. Our night was spent in Brasov and we managed to have the afternoon to tour

this 13th century town. Parts of the massive wall that protected the town still remain as do 2 towers. We found one of EU's narrowest streets – Str Storii – only 1.32m wide. Dinner was off the main square on a busy shop lined pedestrian street.

Off to Radauti to meet up with our ISG friends! A gorgeous drive up and over the Carpathian mountains, down through Bicaz gorge-

es – a narrow gorge cut by a river with sheer limestone cliffs straight up 300 m on both sides. We had a nice picnic of local cheese, ham and bread at Lac Rosu – a strange lake filled with dead tree stumps sticking out of it. Outside Suceava is where I got my infamous speeding ticket! When everyone else was tearing by me and several times I had to slam on the brakes and pull over to avoid a head on collision with a driver from the other side of the road passing, I was the one the Politia decided to pull over. Of course while I was being written up, he pulled 2 others over as well. The scam was when he told me how much it would be - he said if I paid right then, the fee would drop from 269 lei to 134 lei – can we say SCAM??? Nothing a little coffee and chocolate stop could not make better. Well, we made it to Radauti while it was still daylight. Few others were there. We ate appetizers outside on the patio bar and waited until near midnight until the bus with all the others arrived, then it was cheers and chatting it up till about 3:30 am. I will not go into how I ended up with a certain Austrian's XL Shagya shirt.....

Delicious breakfast at the hotel – eggs, bread, meat and cheese, granola, yogurt....gotta love the EU breakfasts! The Romanians had a detailed itinerary planned for us from dawn till dusk. First stop on the

tour bus was the stud farm and an exhibition of jumping by several of the stallions. Impressive! We wandered through some of the horse barns, went out to the mare and foal fields, then had a nice picnic lunch. Tamas Rombauer provided a bottle of some unknown Hungarian liquor – deadly! Off to the Putna Monastery, built in 1466 and the site of Stefan cel Mare's tomb. The museum was filled with amazing medieval tapestries and manuscripts. An amazing night of traditional Romanian dancing and music awaited us. We entered to a local tradition of dipping bread in salt for good luck. I am glad someone told us after we started feasting on the appetizers that this was the first of several courses. The food was wonderful!, especially the butter rich chicken soup – amazing flavor! We were introduced to the local Romanian drink Afinata – blueberry liquor complete with whole berries! YUM! Luckily it is served in tiny glasses, but I kept drinking as it was so good. We sat outside while the sun sank low in the sky. The local donkey (Christine Pederson's new endurance mount) licked our dessert plates clean and we watched as a mare and foal wandered free on the grounds – no tether, no fences. Back to the hotel for another late night sitting at the outside patio bar, drinking beer and talking Shagyas.

Day 2 started with the meeting. Nothing earthshaking. PShR was detained while ISG awaits more papers, specifically notarized copies of all the horses' original registration papers. The Romanian hosts surprised each of



local traffic on the Transfagarasan Road, Romania



Traditional Romanian haystacks.

us with a “goody bag” filled with 2 Radauti Shagya Arabian stud books (ok – that just put my luggage WAY over the weight limit!), a Raduati polo shirt, Romania/Bucovina tourism brochures, and a beautifully hand painted ceramic Shagya plate. Then off to the Radauti Shagya show. They had many Shagya stallions and mares with foals, some privately owned. After the show, won by Shagya LXII, there was an exhibition of Shagyas driving, jumping, and the Shagya stallion Amer ridden by his trainer. It was a wonderful day, topped off with another excellent dinner hosted by the Romanians. Again, multiple courses, all so delicious. A long bus ride the next day to Bucharesti led us to say good bye to all our friends for another year. We will meet up again in Alsace, France 2012!

The adventure was not yet over for me, though. Linda, Olivia, Walter Huber and I were headed to Kabiuk, the Shagya stud farm in Bulgaria. We got a rental car (yes – we went for the less expensive Romanian built Dacia over the Jetta – bad choice???) and headed out of town with Svetlo’s GPS. Svetlo Kastchiev is an FEI level dressage rider and manager of Kabiuk. He and Walter went ahead with plans to meet us at the Bulgarian border. A few turn-arounds and we managed to find them after a passport check and another stamp in the passport. I feared another speeding ticket as I tried desperately to keep up with Svetlo’s speedy Audi. I literally had the pedal to the metal and could barely manage to keep him in sight. Finally after several hours we

arrived in one piece (and ticket free) at our home for the next 3 nights – the Park Hotel in Shumen. Dinner was a confusing translation of English and German into Bulgarian, but we managed to get some good food. I really wanted to order the “ram’s head” just to see it, but was too chicken! We fell in love with the shopska salad as the tomatoes were so sweet and delicious. Myself, I could not get enough of the salty

white cheese. I even got it fried, covered with poppy and sesame seeds. I still dream of it!

We met Svetlo in the morning at Kabiuk where he showed us the mares and foals first, then the stallions who were let out to show us their beautiful movement. The colts were shown the next day. The overall quality was out-

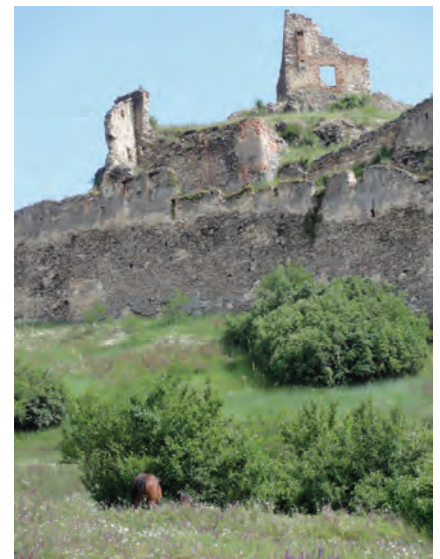


Kjell at the Citadel wall in Sighisoara.

standing, as was the movement. They had used some semen from A’Bajazzo and Shagya Burla and the foals were impressive. Every afternoon, Svetlo took us to some cultural sites. The Horseman of Madara (UNESCO World Hetitage Site) – a horseman carved into the side of a sheer cliff and the symbol of Bulgaria, along with some caves and a rock chapel in the vicinity dating from 710 AD; Pliska – the first Bulgarian Capital dating from 681 AD; Veliki Preslav – Capital of the First Bulgarian Empire in the 9th century; and the Shuman fortress – dating from the early Iron Age. It was amazing just walking

through these sites in the warm summer evening, no crowds, watching the sun set behind the ruins. We went horseback riding one afternoon. Walter on his Shagya mare, Linda and me on Bulgarian Warmbloods and Olivia on a ¾ Haflinger. We trotted through the alfalfa fields, then through wildflowers that reached up to the saddles, rode through the herd of mares and foals where Walter lost his mare’s filly – so we left her to go to the top of “Walter’s Hill”. It was exciting!

It ended all too soon. The fun part was trying to stuff Walter and his bag into an already overstuffed car. I still do not know how we did it! We were tempted to tie Walter and his bag to the roof with bailing twine! I was dropped off at my hotel with Walter, and Liv and Linda took off to the airport. They were looking forward to the 112 degree temps at home! Walter and I enjoyed a nice lunch in a mist-cooled restaurant before he was taken to the airport. I had the afternoon free to wander through Bucharesti. I love the Lonely Planet guides for their “walking tours” of major cities. It was just perfect and it ended with a small church that held the relics of Sts Constantine, Helen and Demitrius which I was actually able to touch. An early shuttle to the airport, Frankfurt, Montreal, then home to LA. Now busy editing the 3000 photos and videos I took. Cannot wait for next year’s adventure! Already got my France guidebook (or bible as Kjell liked to call it)!



Ruins of the Rupea fortress, Romania

Photos of Shagya-Arabians from Kabiuk, Bulgaria

Shagya-Arabians bred to be Sporthorses - Photos courtesy of Dr. Walter Huber



The Shagya-Arabian stallion Temp (Daru x Mladenka by Mefistofel) competing in cross-country and at Kabiuk with Dr. Huber .



Mladenka by Mefistofe the dam of Temp.



Mefistofel (Metropol x Fregata)



The Shagya-Arabian stallion Traper (Daru x Epopea) competing in dressage and recently at Kabiuk .



Photos of Shagya-Arabians from Kabiuk, Bulgaria ... Continued



Media by Mefistofel with foal by Traper



Foals eating and mares in background in open shedrows.



The stallion Janus (Pamino x Janett) leased for breeding by Kabiuk.



The stallion Fram (Frangepan x Moka) stands at stud at Kabiuk.



Two young colts sired by Janus (Pamino x Janett) at Kabiuk. Left colt Janus x Plasma and right colt Janus x Zimana.

Photos of Shagya-Arabians from Kabiuk, Bulgaria ... Continued



Above: Shagan (Shagal x Shydra) was also leased to Kabiuk for a number of years and his son Shaman out of the mare Tempra.



A'Bajazzo by Amor out of Barcarole (Bajar/Bábolna) and one of the many fine offspring he sired at Kabiuk via frozen semen.



Shagya Burla (Raon by Radautz ShA x 355 Shagya LVI-9) bred and owned by Joseph Weiss. And, two colts he sired out of Kabiuk mares.

PShR Shagyas in Action



Another Shagya is on the Course

WineGlass Vino (*Budapest x WineGlass Vintage ox) competed at the Silverwood Farm Horse Trials (a 2-day event). After Dressage, Vino was in 3rd place. After Cross Country, he moved up to 2nd place. Vino completed a very nice round of Stadium jumps and finished 2nd overall out of 15 horses in the Beginner Novice Division.

Owned by Holly Kemmis, Ridden by Ali Mahloch (Plymouth, Wisconsin). Photos by Holly Kemmis



WineGlass Vino and Holly Kemmis Celebrate their First Season of Distance Riding with Multiple Year End Awards:

- UMECRA 2010 Competitive Trail Top 5 Rookie
- AHDR 2010 Competitive Trail Top 5 Part-Arabian
- PShR Champion Competitive Trail
- PShR Champion Shagya Ambassador

Photo by Tim Kemmis



WineGlass Sherry

2011 AHA Reserve Champion Region 10 CTR Half-Arabian. Owned by Linda Rudolphi, Ridden by Holly Kemmis.

Photo by Tim Kemmis

Breaking News



Chris & Marty Power reported that
SA Te Jat was the
Region 11 Half-Arabian Endurance Champion
and
Wineglass Debonair was the Reserve Champion.

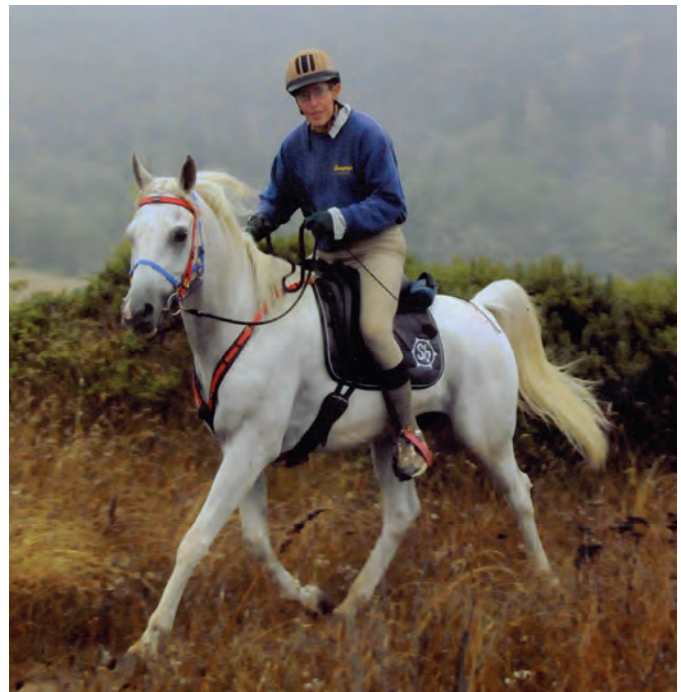


Becky McCarty reported that
Wineglass Dominus won:
1st in their weight Division Open
Best 1/2 Arab
Open Grand Champion
Top five and Grand Champion in the Regional and at
the Open Cracked OAATS Crunch Ride.

Congratulations !



Highland Silver SH (Sterling Silver x Hologram by Roemer) owned and shown
by Renetta Hatcher, at the Cool August Nights Breeders Classic Show.



Dale Scolville and Ninja PFF sired by Sarvar are entered in
this year's Tevis: Go Team Ninja!
Photo courtesy of Judy Moore.



Training my Young Anglo-Shagya

When I got my first horse it was a part Shagya and I instantly fell in love with him. His friendly nature, distinct personality and love of play attracted me. I had great dreams of competing placing and winning because he seemed to be so outstanding, but it was for safety that I knew he would need lots of training. At three years of age he was already over 1000 pounds, all over the place and one of the places he desperately wanted to be was in my pocket. As I headed down the training path I noted the diversity of training approaches; natural versus the “cowboy” way of brute force and lots of variations in between. My horse didn’t seem to take to anything all that readily. Regardless of the training he seemingly adapted quickly and did what was required at a rate that paralleled the negative stimuli that followed if he didn’t do what was requested. Unfortunately, he reverted to his untrained behavior as soon as he was back in my loving hands (they didn’t offer much negative stimuli).

I soon recognized the artificial and short lived messages from the cowboy way of training would never work. I also recognized the importance of me being completely immersed in the training process with the horse so he would respond to me. I set out to learn something different...., what I found

was the natural horsemanship training that encouraged love, language and leadership. With improved leadership on my part my horse began listening to lighter hands on his lead rope and to accept a saddle and other equipment. With a language that we both understood I began making request and he began consistently giving the right response. Love was a no brainer the Shagya’s because of their easy going nature they are easy to love. With love, language and leadership provided in equal doses I noticed my horse and I actually began building a partnership.

Finally, with all the methods of natural horsemanship training the most important things I learned about training were *the five must* to get a horse to excel in any discipline...., first you have to **have the horse’s attention** otherwise it will never learn what you are attempting to teach, and what finesse you have when you can make eye contact with your horse from across the pasture and he comes bounding to you. This is easy with the Shagya’s they have a people oriented nature. The horse needs to **have impulsion** or a drive to move forward. My young gelding and filly love to move forward backward and any direction in between. Horses need to **give to the bit** or allow themselves to

receive information from you through the bit. (I am still working on this with both my young Shagya’s and because they love being with people they are quickly learning to move from a soft touch about their nose and mouth. The horse needs to **yield to the seat** or note, feel and respond to your energy. You have to learn to increase your energy to encourage more go than woe and decrease it to encourage more woe than go. Finally, the horse must **move from your leg**, or move away from pressure. My young Shagya’s and I have picked up on this easily through copious amount of ground work and consistent signal giving.

Not only have I fallen in love with my part Shagya’s but I have fallen in love with training my young gelding and future Shagyas that I hope to acquire one day.

*About the author: Renetta L. Hatcher MD MBA, is a General & Cosmetic Surgeon in Southern California who recaptured a childhood dream of having horses a few years ago. Currently she is working on creating a company and writing books about creating the life you want through “people training” focus and the power of belief. Coming soon: www.LifebyDesire.Org, and books *Life by Desire* and *Getting in touch with your inner Angel*.*

Member Stories:

My Adventures with Max and Rouge

by Eric Nelson

When Max (*Amurath Samurai x *Kornelia) and I set out to complete his Stallion Performance testing, we looked to the VZAP (Verband der Zuechter und Freunde der Arabischen Pferdepde) standards to guide us, since there were no US standards at the time. In Endurance Riding, there was a formula that determined the amount of points a horse would obtain given a set pace and speed. Along with an inspection score, which we had, completing the formula seemed to be about all that was required. So, we went ahead and gave it a try. VZAP requires stallions to complete their performance test within the age 6 to age 9 time frame, and since Max and I didn't start riding him until he was nearly 6, we were running behind.

The formula VZAP uses is the same formula we use here at PShR, except that we require one more point to attain License or Elite status. Essentially, we don't have ANY rides in the 35 to 49 mile range in the USA, and since some of the VZAP horses were going quite fast over that distance, well, we had to improvise. It made sense to add one more point to the VZAP standard since we have a HUGE number of 50 mile rides that we can take part in.

To make a long story... longer... on May 17, 2008 Max finished Dead Dog Creek in 7 hours and 9 minutes. I was literally hitting him with a crop on the last 5 miles screaming "It's for your B--s! Run you b-----!" We made the 73 point minimum by 12 minutes combined time across five rides. Okay, you have to know how Max and I ride to really understand what happened here... you see, Max is really my first serious competition horse and somewhere between being ranked pretty high in Fencing then making some select teams in Rugby I have managed to

lose my competitive streak. Max and I tend to ride at the back, just finishing rides and not really caring about the time.

Max is really the first PShR stallion to "make the mark" in endurance riding, but my administrative skills leave a lot to be desired, so the paperwork is about two plus years late in coming in. The Endurance Pace Licensing Requirement is really a little bit of "square peg-round hole" for us because I ride slow. But, we made it! We could, if need be, license with VZAP... then along came PSHR in late 2008.

Now, we had a new goal... Distance Riding and the 1000 mile Specialty and 2000 mile Specialty Plus certifications. Finally something we were good at! So, we made the 1000 mile mark in Competitive Trail riding in early 2009, earning some really nice wins and reserve championships along the way. "We're good at this", thinks I, then less than 15 days later on September 1, 2009, 3 weeks before his first 100 mile ride, Max hurts himself pretty severely running around on his field. It was an across the grain tear of the lower suspensory ligament. So, in the stall goes Max, six weeks later he comes out, and over the course of the next 6 months, every time we put a shoe on him, he stretches, pulls, or in some other way manages to hurt that tendon again. We turned him out on April 15th 2010, and just gave him most of the ride year off... then we went to a 25 mile CTR in November, and look who wins Reserve Champ?

2011 is back to work for Max. We've ridden 6 events and have managed to find a way to lose shoes at every event we've signed up for. I think he is willfully pulling them off at this point. He's also finishing every ride, so I guess a "blown tire" doesn't mean much in his version of NASCAR. In July 2011, we had the bad luck of losing to our own horse as we scored 99.75 points versus Prima Volta and Allison Boswell's 100 points. Reserve Champ, again!

What I like most about Max is that a novice, that's me, learned how to ride endurance and competitive trail on a

stallion. I am also a first-time stallion owner. Max has a grand total of 30 days cart-training (driving) and that's about "it" for professional help. I can't say I am a "good" trainer, rather I think Max is a good-natured horse, although I will admit he has some "flaws", but those are probably due to my ignorance more than his ability. Thanks buddy! 1480 miles! One more big push dude! And then... umm... crap I hate the arena.

We bought Wineglass Rouge from Linda Rudolphi in March, 1999. She was supposed to be my buddy horse for Ranger PFF who was my primary riding horse. I figured a sweet, pretty, easy-going mare with some professional training would be a perfect horse for any novice riders that might want to ride with me and Ranger. Then I met Allison, who is anything but a novice rider, and she eventually stole my heart... along with Ranger. So, I started riding Rouge, who up until then was well and truly a kid's horse.

My first training ride for an actual AERC ride was in April 2002, to get ready for the Pine Tree 30 mile ride in June. I had Rouge running down our gravel road since it was just thawing and the gravel road was soft like pudding and umm... it's a good thing it was! A car came up the hill towards us, she didn't see it until it was nearly on top of us. She spun hard left and Eric ended up laying on the gravel road in the vortex of Rouge's killer cyclone tornado spin. It took another 8 years for me to fall off of her again, I might remind all of you to tighten your saddles before riding to avoid any broken ribs, I know I've been double checking my girths ever since. I am, to date, the only person who has fallen off of Wineglass Rouge.

Rouge is our all-purpose horse. She has almost as many distance and endurance miles carrying other riders as she does carrying me. In Vermont, the neighbor boy and I trained her to hunt, so we can shoot off her. I am pretty sure she might remember dragging our 4 x6 sheet of wood around and she might recall pulling Patrick around on skis.

(Member Stories Continued)

While I think she is scared of cows, she will herd them if you make her. She is not a real big fan of being watered (sponge bath or hose), I always figured she was a horse, not a plant. That changed this summer when my buddy Dedi started riding her and now Rouge even likes her head washed off. Go figure...

My favorite moment with Rouge was this spring, 2011, trying to finish my first 75 mile ride. We nearly got hit by lightning somewhere around the 55 mile mark. Then, we missed a turn, which in a rainstorm at 46 degrees is pretty much going to end your ride since you are riding slow anyhow. She kept slowing down, not wanting to run. I was getting kind of worried that she was out of gas, she is 18 years young after all, but in

hindsight, she knew we were off trail and was trying to "tell" us. I should have listened, she IS smarter than us mere humans, after all.

Thanks to Allison, Sarah McDonnough, Dedi Fitzner, Briana Knight, Laurie Durbin, Sydney Hoover, Dave McDonnough, Chris Power and anyone else whom I might have forgotten. Without you all, Miz Rouge wouldn't have passed the 1000 mile mark, nor would she have earned her points in Endurance Specialty. Oh, did I mention that Rouge is pretty easy to get along with?

To me, these licensing certifications are the key to a healthy breeding population of riding horses. In today's modern era of horse husbandry, I believe one shouldn't be breeding the ones one can't ride. Reality is that horses are no longer

a working tool, they are at their best as sporting partners. Pasture pets are really nice, but an unpredictable 1000 pound animal does not make a good pet, no matter how you sugar coat the message. We need horses that can play sports with us, and that means we need to breed them that way in the first place, not "taking the best and selling the rest". There just isn't room in the market for that mentality anymore and as fewer people get into horses in general, the quality of riding stock has to go up or we (the horse industry) risks losing all of horses to market apathy. I love the Shagya as a breed because they are a versatile athletic partner. Performance tests force us to show how good a partner any breed of horse can be, and as such, I am pretty proud of my two horses for making the grade.

Farm News

Run Along Farm:

Summer is in full swing at Run Along Farm. It has been a busy year so far. We are excited to report that Wineglass Valtellina (*Budapest x WineGlass Vintage ox) is in foal to our stallion, Fire Star SF (RD Five Star x Perketta). Our Arabian mare, BZ Dhea (BZ Bobiage x BZ Manilla) is also in foal to Fire. We had hoped to have a pure Shagya mare, Faith (*Shandor x *Biala) bred as well, however, Mother Nature did not cooperate this year. We will try again in 2012.

Our part Shagya filly, RAL Mirbat Mystic (Bayram [*Oman x *Biala] x Mirbat Cinnamon ox) (Photo at right) is growing like crazy and at 16 months is 14.2H. Our local Arabian club members toured our barn in July, and were very impressed with her, and got a short lesson on the Shagya breed.

We were also able to show off three of Linda Rudolphi's mares (Faith, WineGlass Valtellina and H. WineGlass Syrah (H. Bikaver x H. WineGlass Sonoma [*Budapest x WineGlass Cabernet

ox]). Everyone was very impressed. So many of the Arabian horse people are looking for large, beautiful, part bred Arabians for competition and are unaware of the Shagya breed. Hopefully we have generated some awareness and interest in our area. Next step, local shows with Mystic! (In our spare time, of course).

We are also proud of the recent recognition two of our Arabian geldings received from PShR in July. Hallstead's Firesky (Ariberry Bey x Dee Dees Desiree) was awarded the Specialty Plus designation in the Endurance Pace category with 112 points (and he is just turned ten this year!). SHF Sunday Streaker (ZT Raashaga x ENM Delight) was also awarded the Specialty Plus designation in Endurance Pace with 80.46 points. 2010 was his first year of endurance! Both received beautiful, wool dress coolers embroidered especially for them. We are looking forward to s



Julie Jackson Biegert and her filly

showing them off this fall! It is great to be part of an organization that emphasizes performance, and recognizes excellence. We look forward to continued recognition of our Arabians as well as our Shagyas.

RAAs Shagyas at Boothcreek Ranch ~ News



Above Left to right: Philomena, RAA's Pashera, Dahri, RAA's Pasari, RAA's Marah and RAA's Dumah



RAA's Marah (Above) and RAA's Dumah
have been sold to homes in USA and Canada.

Congratulations to their new owners!

www.boothcreekranch.com

boothcreek@cyberlink.bc.ca

Tel : 1 250 489 0065



Murad's top competitor at the
ranch and his family.



There is peace on earth, even when we are not all alike



Serenity Acres News

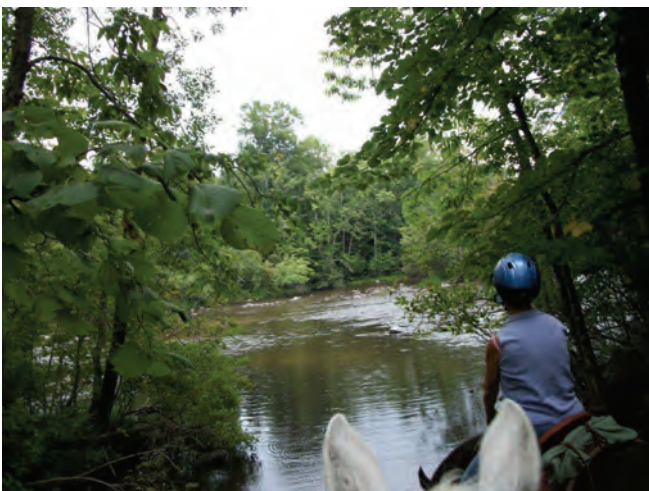
There are many different types of horse events to be involved in with our beloved Shagyas. For me personally however, my first love is out on the trail enjoying the beauty that God has given us. Three friends and I loaded up our horses and went to the Nicolet National Forest in northern Wisconsin which consists of over six hundred thousand acres. We stayed at Spur of the Moment Ranch overnight and needless to say we really had a lot of fun. No timeframe to be back, just good company and wonderful horses and scenery. The trails were awesome though one really needed a good sense of direction, and a compass. Trails were marked for snowmobiles and ATV's so we pretty much stayed on those with the horses. We rode both days for four hours at a time, including crossing a river. Lily Creek Ciara did a great job but of course

Checking the topical map ... from left to right Shagya, Tennessee Walker, Missouri Fox Trotter and Quarter Horse.

growing up at Lily Creek in Freeport, Illinois she had to cross a stream so it was a piece of cake for her. She also had a ball trying to get me all wet which she succeeded at doing quite well. Thankfully though she did not lie down, even though she wanted to! Next year we will strip the saddles and let them play. Going during the week always allows more privacy if that is what a person is looking for. It just simply amounts to beautiful scenery, good food and great company. The key to this type of riding is to keep the group small and only ride with those who ride the same way that you do. That way no one gets hurt and everyone has a great time. I know many people who are involved in the competitive world with their horses and would not even think of doing this with their horses. Sadly they just don't know what they are missing. As John Lyons once stated in a big clinic years ago, "you trail riders need more training of your horse than anyone". Wow I could hardly believe my ears because he is so very right. How very true for what you become exposed to regardless of what trail

you go down on a given day. So if this is something you have not experienced I would highly recommend it to anyone. Oh and one of the best things was no mosquitoes and only a couple of deer flies which was hard to believe. The reason for this was because the dragon flies get rid of them all. It was hard to believe but true! And now we are planning a longer trip for next year!

Kathy Johnson
Serenity Acres.
Wild Rose, WI



Some of the sights on the trail.



Kathy Johnson and her mare
Lily Creek Ciara.

Sterling Shagyas

News:

We had our first and only foal of the year in Feb. A gorgeous grey filly by Sterling Silver out of Nicolatina Star named Nairobi Silver SH. She is for sale. 2 mares are in foal for 2012. Australia also received its first Shagya-Arabian. A bay colt by Sterling Silver

was born in Jan – New Moon Silver Knight. He will be used as their future stallion.

Sterling is still recuperating after his surgery and subsequent stem cell therapy. I plan to give him the rest of the year off and then re-evaluate. Hopefully that will give him the needed time so we can be back on the trails. In the meantime I am starting 2 mares under saddle and will get my 3 yr. old Ramius going.

Silver Nike SH went to her new home in TN last month. It was hard to see her go, but she has a wonderful 16 yr. old owner who plans to do endurance with her. The new owners came out to CA to stay a week with me. We all went with Nike to a clinic with Buck Brannaman – outstanding! Nike was being ridden by the end of the 4 days.

www.sterlingshagyas.com
sterlingshagyas@hotmail.com
Tel: 909-273-9591



Nairobi Silver SH showing off her winning gaits as a young foal.



Dudamel SH (Sterling Silver AF x Dawinnak ox) 1st place in his class.

Sterling Shagyas and Renetta Hatcher presented Shagya-Arabians and part Shagyas at the Cool Summer Nights Breeder's Classic Show in California. They all brought home many ribbons and Dudamel SH and Nairobi SH both qualified for USDF finals.



Sterling Silver's foals in the barn at Cool Summer Night Breeder's Classic. Highland Silver SH, Dudamel SH and Nairobi SH.

Photos from PShR Members and Friends:



RAA's Marah (*Murad x *Dahri) after only one weeks under saddle training for her new owners.



DaVinci by *Dante owned and ridden by Shannon McCracken.



Dr. Walter Huber styling Kashmir socks. Happy 70th Birthday, Walter!



Shelley Housh, Dr. Olivia Rudolphi and Christine Pederson wondering out how to fit this guy into Walter's suitcase.



Dr. Renetta Hatcher and Highland Silver SH at the Cool Summer Night's Breeders Classic Horse Show.

Photos from PShR Members and Friends:



Another Shagya is now out on the trails of Vermont! Gwyndwn's Magneto (Wineglass Ominous x Lily Creek Cameo) bred, owned and ridden by Lindsay Robbins, DVM



Jonas SHG (Janos x Blue Velvet) continues to cross-train and compete in distance sports with Christina Phillips.



Neddora SHG (Neddor x Lutka-62) has joined Magneto and Jonas out on the trails in Vermont.



Lori Baker puts Nemo PFF by Bold Bravo over the course.



Photo Left:
Congratulations to
New Moon Shagya
-Araber Stud in
Australia on the
birth of the pure-
bred colt New
Moon Galileo sired
by O'Bajan XXIV
(Babolna) out of
their imported
Austrian bred
Shagya mare
Laila.



Above: Danish championship silver medal. Jacob & Christine Pedersen and Shetan Shadwan. Picture by Margit Jelstad



Northeast Shagyas
Bred for Performance & Pleasure



Young Riding & Driving Prospects for Sale

See: www.northeastshagyas.com



Post Oak Shagyas

H. Wineglass Honor ((H. Bikaver x Bepa AF ("Hope")) Nine year old grey 16.1 hand Hungarian gelding (Hungarian sire x Shagya dam). He has been ridden dressage, limited show experience, schooling first level. He loads, clips, bathes with great cooperation. Honor is a strong very friendly guy who will take an owner who is confident. He has done some trail riding. Good in a stall or limited pasture. For Sale: \$7500.

Contact Allison Boswell
660-441-7062

www.postoakshagyas.com
postoakshagyas@hughes.net

Also standing the Shagya Stallion
Max (*Amurath Samurai x *Kornelia)



FOR SALE:

Imported Purebred Shagya-Arabian Stallion



***Olivero (Taib Gazlan x Obeya)**

2005 stallion. 15.3hh Will mature 16hh

Excellent conformation. Great feet. 8 inch canons.

Very balanced, natural collection with great movement in all 3 gaits

Very kind. Good for farrier and vet.

Started under saddle.

Great opportunity to get a stallion with proven European performance bloodlines.



Obeya (Navarra x Oya)



**Olivero's 2011 Filly
FOR SALE**



Taib Gazlan (Tibor x Nadine)

More pictures and video available on request.

Contact: Shannon McCracken: 613-395-9054

Sterling Shagya Sporthorses

Home of approved Shagya stallion Sterling Silver. Sterling was the highest scoring stallion at the 2006 Shagya breed inspection. Judges comments included "harmonious stallion with long lines, good long neck, well pronounced withers, good topline; good sporthorse croup; walk with energy and swinging back; trot free with rhythm and elasticity; good canter; fine character". Sterling is 15.3h, heterozygous grey. His offspring will be the foundation for the Shagya breed in Australia.



Sterling Silver (*Shandor x Sapphire by *Oman)

Nairobi Silver SH-2011 Shagya filly For Sale



Dudamel SH-yearling Shagya-Arabian colt For

Ramius SH-3 yr old Anglo-Shagya gelding For Sale



Sterling Shagya Sporthorses
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sterlingshagyas@hotmail.com
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Extraordinary Horses for Distance & Pleasure



At Run Along Farms we pride ourselves on selecting and breeding horses that are athletic, willing, personable partners. We have had an excellent endurance season so far this year and have several young horses that are ready to go. Most are four and five year olds with a good fundamental foundation in the arena. In addition, most have been conditioning on the trails with 12-15 mile trail rides being the norm. Pictured at right, both Aimee and Acapella are ready for their first LD now. Chant and Kenny will not be ready to compete until next spring but both are well started under saddle. Check our web site for more outstanding individuals. Like us on Facebook for frequent updates. And coming in 2012...Fire Star SF babies – Shagya and Arabian! Stay tuned!

Selected Sale Horses at right,
from top to bottom:

- Chant SF – 2008 Chestnut Russian Arabian Gelding, (Aabsolut x Havasu Chantella)
- Aimee FLF – 2007 ½ Arabian ½ Trakehner Mare, (Khemos Desperate Echo x A Night at the Opera, ATA OSB A-M103)
- Kenlyn Envious – 2008 Arabian Gelding, (Awesome Knight x Kourvaceous)
- Mattingley Acapella – 2007 Arabian Mare, (WR Madison Bey x Khate)



Run Along Farms | Julie & Doug Biegert | Equine Sales, Training, Conditioning
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runalongfarms.com | info@runalongfarms.com





Evanescient Star AF "Evan" (Starwalker x Empress Estelle AF)

2004, 16.1 hand, ISG Inspected & Approved Shagya-Arabian stallion, Registered with PShR, NASS & ASAV
SCID Clear

Limited Breedings for 2011 - \$700.00 plus \$150.00 Booking Fee - AI Only - Fresh, cooled, shipped semen
Contact Lori Baker - 509.276.1419 - shagyafarm@gmail.com
http://www.youtube.com/watch?v=Npv0_IEXfNw

FOR SALE:

Echo's Eroica AF

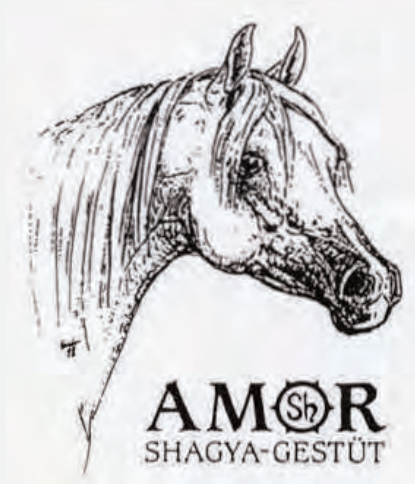
(Shagya Royal AF x Echo Daal)

Beautiful bay mare - 16 hands. Shows talent for Dressage, Trail, Competitive Trail and LDR. Super friendly horse that is looking for a best friend. She would love to go to shows & events. You will get a lot of attention, as she is a flashy mover with a gorgeous flowing tail. She is still green – but very willing and learns fast. She has been out on the trail and starts jumping lessons soon. Since she is fancy and super sweet – only the best homes will be considered. Echo Daal daughters are known to throw big beautiful foals.

\$15,000

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or call 509.276.1419





Introducing:

A'BAJAZZO

(Amor x Barcarole by Bajar)

Swiss Purebred Shagya-Arabian Stallion

Frozen Semen Available for Sale to USA



A'BAJAZZO

Swiss Registration Number CH-ShA/8/92

1992 Stallion

Winner of his Performance Test (HLP) Kreuth 1999

Height 156 cm/Girth 181 cm/Canon 20 cm

Pedigree:

	Czardas	Gazal VII
Amor (Elite)		Czarda
	Anka	Shagya XXXVI
		143 Siglavy IX
	Bajar (Elite)	Suakim
Barcarole		Gazalle I
	Babolna (Elite)	O'Bajan XIII
		198 Kemir II



Frozen Semen Available for Sale to CH, EU and USA

Held at Depot Schw. Nationalgestut Klinik AVENCHES

Contact: Roland Frei via email: frei.roland@tele-net.ch

Breeder/Owner: Siegfried Frei

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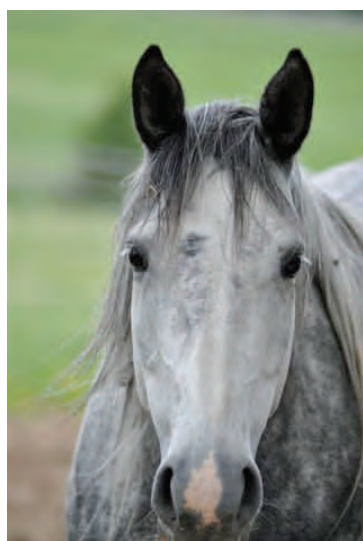
***MURAD (Shaman x Moldau)**

Imported ISG Registry Stallion

Winner of his Performance Test

Winner of Stallion Licensing in Germany

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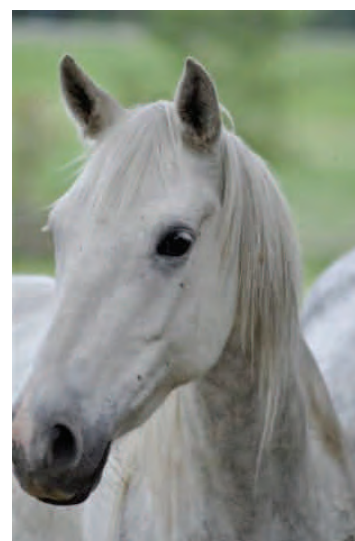
RAAs Dumah
(*Murad x *Dahri)

SOLD

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Classic
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Inquiries Welcome



RAAs Marah (
*Murad x *Pashera)

SOLD

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Basyl

Versatile, gentle, proven performance
Approved Purebred Shagya-Arabian



Basil shows no hesitation in water or with metal covering (show program)



Basil was born in 2000 in Northern Germany sired by Bahadur.

Licensed by ZSAA and VZAP in 2003, approved by AFCAS, DSAH, NASS and SShF.

Performance tested in Kreuth in 2005—over all score 7,3 (ZSAA HLP)

ZSAA character test result : 3 x „absolutely fearless self-conscious“

Successfull in eventing competitions up to CIC* in Germany and France since 2005. Two full sisters successfull performance tested with overaverage results

Offspring successfull performance tested, premium approved for breeding and Junior Champion at National Show in Sweden

Sire BAHADUR: successfull in dressage level M, eventing CIC* and endurance CEI*, several progeny successfull in eventing and endurance

Dam THIRZA winner of mare performance test 1999 (while carrying Basil); 2006 ZSAA stallions performance test being in foal by Shagya VI-5 reaching the extraordinary score of 8,4. One of the best nine broodmares that are registered in Germanys FN Leistungstutbuch in every of 4 chapters ABCD since 1973 out of tenthousands of broodmares over all races. She is the only Arabian mare registered in more than 2 chapters at all.

Grandsire Sulaymanh winner of

selection, 100 days HLP 117 P, hunting horse, bred at Arco stud, sired by

Nasrallah (eventing, endurance + driving horse), several relatives and offspring successful in endurance CEI***

GranddamThaya winner of mares performance test, 5 foals, riding horse

Shagya XXXIX-II winner of selection and performance test, educated in highest dressage level and International Shagya-Arabian Champion.

Tobrok-62 six foals, four of them passed their performance tests with excellent results. Inbetween she took part at several endurance competitions up to 60 miles.

Granddam Bajgala has 3 approved stallions among her 12 foals

Basil combines international best Shagya-Arabian ancestors, performs himself successfull in sport and passes his excellent riding abilities to his offspring.

Watch for good broodmares—they keep a race. Take your chance to **share Thirza's inheritance!**

You will find Basil's homepage at www.basyl.de in English, too.



Basil shows excellent gaits and extraordinary jumping abilities.



Sheba by Basil

His offspring convince by harmonic sporthorse conformation and Basil's similar movements — multiple black.



Batya by Basil

Pedigree of BASYL — full of performance and Shagya-Arabian typical temperament

Bahadur black 1991, CH 162 / 189 / 20	Herold black, 1972 Germany	Gazal VII	Gazal II 129 Shagya XXV Siglavy IX 248 Kuhailan Zaid ox Galal Or. Ar. Mohga Or. Ar.	Gazal I 74 Shagya XVI Shagya XXV 96 Shagya XXI 29 Siglavy III 133 Gazal II Kuhailan Zaid db Izis ox Nazeer ox Farasha ox El Sareei ox Yosreia ox O'Bajan X 36 Siglavy VI O'Bajan X 101 Shagya XXIII Gazal VII Babolna Jussuf VII 288 O'Bajan X Karmin ox Shari ox O'Bajan XIII 161 Gazal VIII / Moldau Shagya XXXIX 58 Shagya XXXVI Shagya XXXII 85 Shagya XXVIII Anter ox Tanta ox Koheilan II 711 Shagya X-37
	Bajgala chestnut—CH	Hera (35 Siglavy IX)	O'Bajan I-17 35 O'Bajan X	O'Bajan I 35 O'Bajan X
	Sulayman Grey, 1984 Germany	Nasrallah	Semira	Bartok 24 Jussuf VII Nedda Sambesi ox O'Bajan XIII-4
Thirza bay 1995 Germany 156 / 185 / 19,5	Thaya grey—1987 Germany	Shagya XXXIX-11	Tobrok-62	Shagya XXXIX-1 169 Shagya XXXII-2 Drau Tobrok ox 166 Koheilan II-6



Beryll
by Basil

Neddor (Navarra x Nora I)



Proven Performance Horse & Sire

Approved for Breeding in North America & Europe:

NASS, ZSAA, VZAP & the Trakehner Verband.

Won "Best Shagya" at his Performance test with a 10 for character & temperament.

Competed successfully in dressage, endurance, jumping & cross country.

His foals out of Arabian mares are eligible for purebred Shagya papers.

Stamps foals with athleticism & wonderful dispositions.

Produces gray & solid colored foals.

Frozen Semen For Sale in North America



Sabaah (Neddor x Souris by Shagal)



Ledger SHG ("River") Neddor x *Lutka-62
2008 Gelding Born in USA via Frozen Semen
Two foals have been born in USA from Frozen Semen.



Samuel (Neddor x Souris by Shagal)

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<u>Annual Fees:</u>			
Dues	Adult	\$ 35.00	N/A
	Junior	\$ 10.00	N/A
Awards program	(Per division)	\$ 10.00	N/A
<u>Horse Registration Fees:</u>			
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Gelding – Any age, new registration:		\$ 20.00	\$ 40.00
Dual Registration (Horses already Registered with Another ISG Member Registry)			
Mare or Stallion - One year or older horses		\$ 25.00	\$ 50.00
Gelding – Any age		\$ 10.00	\$ 20.00
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Miscellaneous			
Replace lost certificate		\$ 10.00	\$ 20.00
<u>Performance Testing Fees:</u>			
Licensing			
Specialty Division Application		\$ 25.00	\$ 50.00
Licensing Application		\$100.00	\$200.00
Elite application		\$150.00	\$300.00
To pick-up and count past performance to be applied toward Specialty, Licensing and/or Elite Accreditation a fee will be assessed per year of competition.		\$ 20.00	\$ 50.00
Inspection fee		Fees to be determined at the time of the inspection.	
<u>Advertising Fees:</u>			
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Horses for sale – any horse belonging to a member. Will be listed on the website for 6 months, must be renewed and changed after every 6 month period.		Free	N/A
Newsletter			
Classified Word Ads(40 word maximum)		Free	\$ 5.00
Box Ads:			
Quarter page		\$ 5.00	\$ 10.00
Half-page.		\$ 10.00	\$ 20.00
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ADVERTISEMENT:

Magnesium: The Mineral Superhero

Courtesy of Carla at Performance Equine

Very few people are aware of the enormous role magnesium plays in a horse's body. After oxygen, water, and basic food, magnesium may be the most important element needed to maintain health. It is vitally important, yet hardly known. Magnesium is by far the most important mineral, activating over 300 different biochemical reactions all necessary for the body to function properly. Magnesium supplementation has been shown to improve performance and allow human athletes to reach exhaustion later in their exercise routine. It increases oxygen delivery to muscle tissue; it promotes muscle strength, endurance and relaxation. Magnesium also activates enzymes necessary for the metabolism of carbohydrates and amino acids which lead to protein synthesis.

Magnesium is often the **most** neglected mineral in horse feeds. **Spring grass** is typically deficient in magnesium due to the fast growth rate and at this time of year many horses seem hotter and more difficult to ride. Owners often attribute this to too many carbohydrates in the grass. While this may be part of the story, is often overlooked is that these horses may be deficient in magnesium. Magnesium deficiency has varying effects on the horse population. Some horses do not suffer any signs while others are almost un-rideable due to their apparent wariness and hyperactivity. Adding magnesium to their diet may have a dramatic calming effect. To understand why magnesium affects the horse in a calming manner, it is important to know what is happening in your horse's body on a cellular level when there is a magnesium shortfall.

Calcium and magnesium work closely with each other, calcium requiring magnesium for balance. Calcium is in charge of contracting the muscle and magnesium looks after the relaxation or release of the muscle much like a gas pedal and a clutch work together, is required for proper nerve and muscle function. When a muscle cell is triggered, the cell membrane opens, letting calcium in and raising the calcium level in the cell setting off a reaction and the muscle contracts. When the contraction is done, the magnesium inside the cell helps to push the calcium back out of the cell releasing the contraction. This happens very rapidly. When there is not enough magnesium in the cell, calcium can leak back in causing a stimulatory effect and the muscle cannot completely relax. This can put the body into a continually stressed state. Low magnesium makes nerve endings hypersensitive thus exacerbating pain and noise.

The use of magnesium today is often incorrect. Calcium needs magnesium in order to assimilate into the body. However, when too much calcium is consumed, it inhibits the body's ability to absorb and utilize magnesium efficiently. To maintain proper levels in the blood, the body will borrow magnesium from bones and soft tissue to make up for the shortfall in order to assimilate the calcium. Over time, this creates an accumulative negative reaction in the body that actually triggers the body to release adrenaline adding to the excitatory behavior we see in deficient horses. To correct a deficiency, magnesium needs to be offered by itself, not with calcium. Only approx 1% of magnesium is stored in the blood, the rest is stored in soft tissue and bone and the body is very efficient at maintaining that level in the blood stream to facilitate organ function. This is why blood level magnesium tests are rarely indicative of an animal's true magnesium status. A horse would be severely deficient and would be very ill by the time a

blood test would indicate a shortfall.
Trail Horse Before adding Magnesium Restore

Horses with magnesium deficiency may have all or only a few of these signs so it is important be aware of them. They may be borderline and only exhibit signs during competition or stress. For instance, horses with magnesium deficiency often have very sore tight backs in spite of excellent saddles and pad, proper fit, conditioning and training. They don't respond well to chiropractic adjustments and massages or these treatments don't last more than a couple days and the tension and soreness return. They often resent or even act afraid of being touched leading the owner to ask themselves, 'Is someone abusing this horse when I am not around?' Their response to outside stimuli is over reactive and they tend to become fractious, worried, fearful or resistant to training. This behavior is often inconsistent with the horses' natural temperament. It is also inconsistent in that they don't always over react to the same thing every day.

Other signs:

- Unable to relax physically or mentally
- Muscle tremors, twitches, flinching skin, or all over body trembling especially after exertion (not related to outside temp)
- Body tension and muscle hardness even at rest
- Does not tolerate long periods of work— often becoming more excited instead of working down
- Has difficulty with collection or picking his back up under saddle, moves hollow
- Random spooking, running through the bridle, inconsistent

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from one ride to the next

- Angry or worried about being brushed, blanketed, saddled or touched or palpated on either side of spine
- History of tying up
- Fatigue
- Painful heats in mares
- Bucking or rearing 20-30 minutes into a ride for no apparent reason
- Requires long periods of lunging before being able to focus on work
- Would be described as 'thin skinned' or over sensitive to sound or movement
- Massage and chiropractic adjustments do not have lasting affects
- Teeth grinding
- Resents bath time especially cold water
- Irregular heartbeat or pounding heart- endurance horses often experience this at vet check

Magnesium is assimilated quickly in times of stress, such as traveling or heavy training. Horses lose magnesium through sweat and urine. Many performance horses can become deficient as the show season progresses as they are using the available magnesium more rapidly due to stress, travel and competition. Horses with low magnesium status will often crave salt, which exacerbates the shortfall. Calcium-rich diets can create an imbalance. Calcium supplements, especially those designed to be calmativ can contribute to imbalance.

These horses are often difficult to work with, so riders tend to over exer-

cise in an effort to manage behavior. They are worked harder and for longer periods of time in an effort to wear them down which only adds to the shortfall thus creating a vicious cycle. This causes more sweating and muscle cramping while contributing to fatigue, soreness, post competition pain and a negative association to work. Behavior gets worse with more work and exposure to stress, not better. Subsequently, horses begin to resent the show arena often developing gate issues.

The daily magnesium requirement for maintenance has been *estimated* to be 13mg of elemental magnesium per kilogram of body weight. There are 1000mg to a gram, so the total daily magnesium requirements of a 500kg horse would be 15.5 grams of magnesium for a non-working horse. Please keep in mind that these are baseline estimates. Many horses require much more than 15 g daily. There are many factors that effect magnesium absorption and utilization. Working horses require 10-30% more magnesium for light to moderate exercise, respectively, due to sweat losses. Horses who sweat heavily will lose magnesium at a more rapid rate as well. Horses working in extreme heat will lose magnesium at a rapid rate through sweat.

Magnesium toxicity is rare because excess is naturally excreted. Magnesium should be split between morning and evening feedings to increase absorption and decrease its occasional laxative effects. Once a horse becomes low on magnesium, it is very difficult for them to catch up without supplementation. The very existence of the magnesium deficiency perpetuates the deficiency due to the constant state of anxiety, fear and discomfort
What kind of magnesium should I use?

There are injectables, oral supplements and trans dermal applications. The most popular is oral magnesium oxide. It is not the most bio-available

form of magnesium to use but it is the most available and inexpensive to feed. Some horses do not like the powdery texture so picky eaters may turn up their noses to it. It can also act as a buffer in the horses' stomach which can help horses who tend to develop ulcers. For some horses, Magnesium Oxide is therapeutic and can bring magnesium status back to normal.



The best form is Di-magnesium malate in MagRestore by Performance Equine..

It is highly absorb-able, bio-available and has the least potential laxative effect. Horse owners need to be aware that magnesium is in different forms such as citrate, oxide, ascorbate, which is the secondary ion. Horse owners should avoid magnesium sulfate because of its laxative effect. Horse owners should also avoid Magnesium glutamate and aspartate. It's important to note that magnesium is not 100% magnesium. It's only 20% magnesium in higher quality forms and less in lesser expensive forms. Studies range from only 20% to 50% absorption: to get 20 grams of actual magnesium, one would need to

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feed 100 grams by volume. One has to feed a seemingly large volume to attain tolerance, the desired dosing. We recommend feeding 20 to 30 grams (by volume) daily or up to bowel for working horses exhibiting mild to moderate signs of magnesium deficiency. Horses showing severe signs of deficiency respond well to 20 grams, twice daily for up to 2 weeks, and then taper the dosage off according to the horses' level of improvement. Every horse is different and will have its individual maintenance dose. This will also fluctuate depending on times of stress, showing, weather and pasture content. When signs of deficiency begin to subside, the dosage can be tapered off to a dosage that maintains balance. Horses with reduced kidney function should not be supplemented with magnesium without vet supervision. Make sure your horse has access to water.

Trans dermal magnesium (delivered through the skin) is an efficient way to

deliver magnesium to muscle tissue as it bypasses the digestive system all together and can be taken up by the muscles rapidly. Owners can safely increase magnesium levels faster by using oral and transdermal therapies together. Trans dermal application can be very therapeutic **prior to athletic competition especially for the nervous horse** and also post work out helping the body to recover, decrease lactic acid, decrease inflammation and relax muscles. It replaces magnesium lost through exertion and sweat. It is available in sprays, lotions and a magnesium chloride bath salt form sponged on the horse and rinsed off after 20 minutes. This is the most economical of choices.

How do you know how much magnesium your horse is getting? It's very difficult without analyzing every bale of hay. Many feed supplements only give you a percentage of mineral content, not a gram total. One thing you can do to insure your horse is not defi-

cient is to familiarize yourself with the signs of possible deficiencies in your horse. If you think you may have a shortfall, **it's a very safe mineral to give in any case. Toxicity is extremely rare.**

DISCLAIMER: The information in this article is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience. We encourage you to make your own health care decisions for your horse based upon your own research and in partnership with a qualified veterinarian.

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